

Spring Cleaning Challenge



Bronze Medal

- Dust ceiling fans and high places
- Remove cob webs
- Dust surfaces and baseboards
- Vacuum carpets
- Sweep and wash floors
- Clean windowsills
- Clean light switches
- Clean door knobs
- Clean mirrors
- Dust electronics
- Wipe down all appliances (fridge, blender, microwave, etc.)
- Thoroughly clean the microwave
- Clean washer and dryer
- Wash counters and shine faucets
- Deep-clean toilets, tubs, showers
- Wash shower curtains and bath mats
- Strip beds
- Launder sheets
- Launder blankets/comforters
- Sweep the porch
- Shake out/clean the doormat
- Wash and vacuum your vehicles
- Do minor repairs
- Do minor paint touch-ups
- Declutter DVR'd shows

Silver Medal

- Wash windows (inside)
- Vacuum under sofa
- Vacuum under beds
- Vacuum sofa cushions
- Steam-clean carpets
- Clean cabinet surfaces
- Clean artificial plants/greenery
- Wash out trash cans
- Change furnace filters
- Launder curtains
- Polish/oil furniture
- Deep clean oven and stove top
- Clean coffee-maker
- Flip mattresses (if needed)
- Wipe down walls, especially in the kitchen and bathrooms
- Clean dryer vents/exhaust
- Dust/vacuum lamp shades
- Dust picture frames
- Dust/clean knickknacks
- Dust books/bookshelves
- Wash or dry clean throw rugs
- Clean crumbs out of toaster
- Remove lint and wash lint trap
- Sweep/hose out garage
- Fill a donation bag...and donate it

Gold Medal

- Wash windows (outside)
- Unclog slow drains
- Clean/dust blinds/shades
- Clean refrigerator vents
- Polish silver
- Clean/dust china cabinet
- Spot-clean furniture
- Wash window screens
- Repair window screens
- Clean the insides of drawers and cabinets
- Empty the refrigerator, weed out, and clean
- Reseal grout in bathroom
- Bleach any moldy areas in bathroom and do paint touch-ups
- Store off-season clothing
- Declutter 25 or more items from each room
- Organize/clean messy drawers
- Organize/clean clothes closets
- Organize/clean coat closet
- Wash/paint exterior doors
- Pick a room and give it a fresh coat of paint
- Empty your email inbox
- Host a garage sale
- Weed out possessions in your attic
- Clean out the pantry